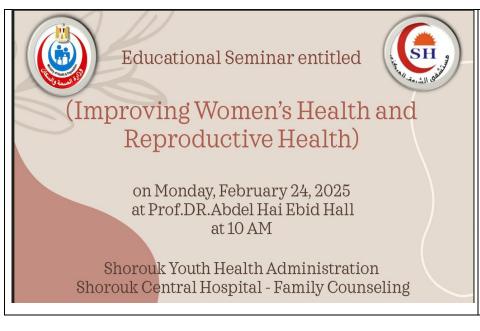
Improving Women's Health and Reproductive Health Seminar

AOU- Egypt February- 24 2025







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- 1- Women and Their Importance in Society
- 2- Choosing a Life Partner
- How to choose a life partner
- The link between awareness level and choosing a life partner
- Questions that help in choosing a life partner
- Best ways to interact with a life partner
- 3-Planning for marriage and how to handle problems
- · Types of planning
- How to deal with expected family problems
- The Impact of perspectives, behaviors and ways of handling relationships
- 4- Family Planning: Benefits and Methods
- 5- The First 1,000 Golden Days in a Child's Life
- Pregnancy and Birth
- Breastfeeding
- Proper nutrition for the child, growth and development

6-Positive Parenting

7-Types of Multiple Intelligence's in children











